

MIVA - Migrants' Integration Through Voluntary Activities

Newsletter II - Apr 2020

GREECE, MUNICIPALITY OF PIRAEUS & ORGANIZATION EARTH

The Municipality of Piraeus and Organization Earth in the framework of the MIVA's project Cross Cultural Activities, organized five cookery classes from August 2019 until February 2020. Both locals and third country nationals attended and cooked together recipes from their countries like Greek traditional bean soup, Afghani Bolanis and Mediterranean-Arabic Chicken. The cookery classes took place at Earth K44, Organization Earth's offices in the center of Athens as well as at Organization Earth's Environmental Park Center of the Earth. One of the classes was held during #ACT4SDGs, the annual week of action,



awareness and accountability for the sustainable development goals.

Additionally, Organization Earth organized a football match where MIVA team participated to the "Goal for the Global Goals" football tournament organized by Foundation Barcelona FC and Organization Earth. The event was dedicated to the 17 Sustainable Development Goals at the frame of world campaign of United Nations #ACT4SDGs and was being held on the occasion of European Sports Week #BeActive. 17 teams played with each one symbolically represented one of the 17 Sustainable Development Goals, in an effort to raise awareness to end poverty, fight inequality and stop climate change.

On October's Walking Tour activity, participants of the MIVA project were guided to Antonis Tritsis Park and Pyrgos Vasilissis - Queen's Tower. The Queen's Tower Estate was born out of Queen



Amalia's vision of the establishment of a model agricultural facility, where innovative production methods were to be applied aiming to the modernization of the Greek agronomy. The tour, also, included a stroll around the gardens of the estate, its stables, and the organic vineyard, as well as the tour in the winery.

Organization Earth also, organized 2 training workshops regarding the presentation of INDIGO

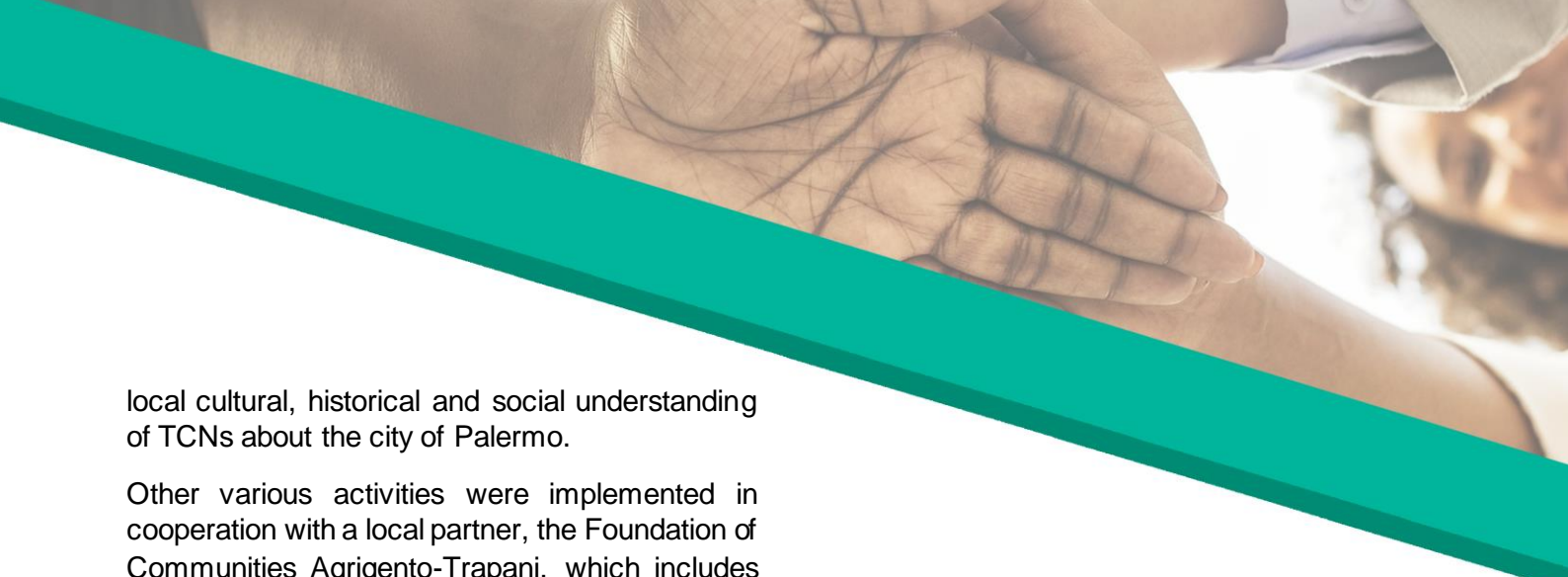
Platform. The one was for TCNs and the other for trainers/volunteers and NGOs.

ITALY - Promozione Internazionale Sicilia-Mondo

During the second phase of the MIVA project, PRISM has been implementing various activities aiming to improve the conditions and opportunities for the integration of 3rd country nationals in the territory of Sicily.

One very popular and innovative action was a Walking tour in Palermo, that took place on 5 October. The Walking Tour was connected to a Photo Contest, and at the end of the event all pictures made during the day were projected and discussed all together with the support of local volunteers, which contributed to the increased





local cultural, historical and social understanding of TCNs about the city of Palermo.

Other various activities were implemented in cooperation with a local partner, the Foundation of Communities Agrigento-Trapani, which includes various key actors from the area. On 29 October a group of mainly unaccompanied minors took part in the INDIGO workshop organised in Mazara del Vallo, in the SPRAR center of the Casa della Comunita Sperenza & Fo.Co. Social Cooperative partnership. The next day, a workshop was held for the representatives of NGOs, specially for the operators of the reception centers for migrants managed by the Solidalia Consortium (in the Province of Trapani).

During October and November 2019 a very successful Intercultural Cooking Course has been held with the participation of locals and TCNs. The workshops took place in the Restaurant Ginger – People & Food (Agrigento), managed by the Al Kharub Social Cooperative. The chef of the course was the winner of the Coucous Festival 2019, Mareme Cisse from Senegal. The cooking

course was also additionally organising a course in which the participants had the opportunity to acquire HACCP certificate, which is necessary for everyone working in a kitchen.

On 20 February 2020, PRISM in cooperation with the Foundation of Communities Agrigento-Trapani and the Al Kharub Social Cooperative, organised a 2nd Info day in Agrigento, that also presented the experience of the Cooking course and presented various previous and upcoming activities of the MIVA project.



CYPRUS – Enoros Consulting Ltd.

Enoros Consulting Ltd. during November and December organized among other project's activities, Cross Cultural Activities. Especially, four Cookery Classes have been organised with the participation of local and foreign volunteers. At the end of each course the participants were asked to write in a relevant form the recipe, the ingredients and to describe the process. Furthermore, 4 Futsal Matches organised with the support of Municipality of Aglantzia, involving local volunteers, university students and Third Country Nationals. Lastly, one tour guide organised in the old city of Nicosia as well as the city outside the walls. Nicosia has much to offer and participants got the chance for the place exploring on foot.

All Activities were implemented with success and the participants were satisfied by the provided opportunity to increase more their awareness and knowledge around the project and its innovative cross cultural activities for better social inclusion.



Enoros has been also introducing the INDIGO App to Third Country Nationals as well as volunteers and NGO members organizing a series of workshops since the end of August till November with the cooperation of Cyprus Refugee Council, promoting the innovative and easy use of the tool and its practical benefits.



POLAND – Foundation for Somalia

Fundacja dla Somalii has successfully implemented various intercultural activities as a part of the second phase of the MIVA project aimed at integrating third country nationals into the Polish society.

On September 14, 2019, Foundation for Somalia in collaboration with Etnoliga organised the second football match as part of the cross cultural activities.



The main objectives of this sport activity were:

Education and the promotion of positive values associated with sport e.g. teamwork, commitment and fair play. The trainer for this football match was Krzysztof Jarymowicz, an expert in cross-cultural sports.

October 30, 2019, Foundation for Somalia successfully organised its second cookery workshop. The cookery workshop consisted of ten participants from both local Polish community and migrant community or other ethnic group. The class was conducted by Senait Cieplińska an Eritrean living in Poland and she prepared the traditional Eritrean dish (injera) and coffee.

At the end of the year 2019, Foundation for Somalia organised a city walking tour on December 7, where foreigners were invited and guided around the city of Warsaw to explore the beauty of the city at the beginning of Christmas celebration in Poland.

On February 29 2020, Foundation for Somalia successfully organised its third cookery workshop with ten participants. This class was conducted by Qazi Sharif, a Somali living in Poland and he was guiding the participants in the preparation of the traditional Somali snack Sambusa.



FINLAND - Aar Social Development Association (ASDA) ry

During the second phase of the MIVA project, ASDA has succeeded to implement several activities aiming to improve the conditions and opportunities for the integration of 3rd country nationals in southern and middle parts of Finland, specially, Helsinki, Espoo, Vantaa and Jyväskylä.

The activities we succeeded to implement in this period were:

Korean kimchi -cooking workshop was organised on 2nd of August in Elontuli course center in Karjalohja. There were ten enthusiastic participants learning to make classical Korean red kimchi which is fermented chinese cabbage with many flavours and spices. The course was arranged in middle of the Finnish summer in a natural environment in the countryside and was a lot of fun.



The 3rd cooking course happened on the 14th of August in the Multicultural Center Gloria in Jyväskylä. There were 10 participants present from Africa, Asia, Eastern Europe and Finland. Participants learned to make South Korean classical Bibimbap which is fermented salad, poultry, meat, seafood, veggie and sweet.

The first intercultural football matches were also organised as part of the MIVA project, and took place in Helsinki on 31 August. The games were aiming at the education and the promotion of positive values associated with sport, providing also opportunities for social interaction and community building.



On 30-31 August 2019, ASDA ry in cooperation with the MPNY ry, organised a 2nd Info day during a joint Iska-Waran Conference Finland event at Espoo City Hall and Espoo International School respectively. The conference has brought together leading academics and researchers, various professionals and experts, entrepreneurs from Finland and abroad, politicians, representatives from local and international organizations as well as civil society activists to discuss upon this year's key themes on entrepreneurship and inclusion, equality, diversity and career development of migrants living in Finland by highlighting the challenges and the opportunities. A record number of more than 200 attendees from the above-mentioned entities sought to attend the conference and night gala event to hear about the findings, views and experience from distinguished keynote speakers, experts and artists. ASDA presented the objectives and experience of MIVA project and also shared the upcoming activities of the MIVA project during both gatherings.



FRANCE – Indigo World

These past few months the Indigo team has done many activities to promote the inclusion of migrants and refugees in Paris. The main goal was simple: To teach, to share, to promote and specially to organise encounters among residents of different nationalities in Paris around food, arts and sports.

The team organized a Futsal match on the 7 of August. This game was played between two mixed teams, composed of local and migrant players as well, with a total of 12 participants.

Indigo also organized the Info day at the “Maison des Associations” on 17 September with the presence of local and migrant supporting organisations. The audience was presented with a full overview of the goals and activities of the MIVA project and invited to participate in the upcoming activities of the project. It was a specially cross-cultural atmosphere during the event, with participants from more than 7 countries.



Visits to the Louvre Museum were held on 12 September and 3 October with a group translator and the visited thematic were the “History of the Louvre” and “Great Master Portraits”. These visits were also accompanied with local volunteers and partners working to promote social inclusion.

Intercultural cooking classes were held at Foodlab on the 26 September and 28 October where migrants and local citizens were cooking together, learning and tasting specialities from Sudan and Ukraine prepared by migrants themselves.

The Intercultural MIVA Festival of Indigo was also organized with local stakeholders Initiatives et Changement and CASP and held at the Cirque Bormann on February 23 2020. This Festival had more than 200 migrants from 20 different countries as well as 100 children participated to the event. The children and families were surprised with 300 gifts.



ΔΗΜΟΣ ΠΕΙΡΑΙΑ



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